

# BESPOKE Wetsuit Buying Guide

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## Rent or Buy

### Rent if:

- New to open water
- Unsure about fit or comfort
- Swimming occasionally

### Buy if:

- Swimming regularly
  - Training for an event
  - Want consistent fit and performance
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## Choose the Right Wetsuit

### Swim/Triathlon Wetsuits (Recommended)

- Built for buoyancy and efficiency
- Flexible shoulders for swimming
- Improves body position

### Surf Wetsuits (Not Recommended)

- Heavier and restrictive
  - Designed for durability, not swimming performance
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## Thickness Guidelines

- 5mm (legs/core): buoyancy and warmth
- 3mm (arms/shoulders): flexibility
- 2mm or less: maximum mobility

**Recommended for New England:** 3–5mm full suit

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## Full Sleeve vs Sleeveless

### Full Sleeve

- More buoyancy and warmth
- Typically more hydrodynamic
- Reduces drag by limiting water entry

### Sleeveless

- More shoulder freedom
- Less buoyancy and warmth

**Recommendation:** Most swimmers should choose full sleeve. Prioritize shoulder comfort and fit.

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## Budget and Brands

### Entry-Level (\$150–\$300)

- XTERRA Wetsuits
- Good starting point
- Less flexible and less durable

### Mid-Range (\$300–\$600) — Recommended

- blueseventy
- ROKA
- Orca
- Best balance of comfort, flexibility, and durability

### High-End (\$700+)

- Zone3
  - 2XU
  - Premium performance, not necessary for most
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## Where to Buy

- SwimOutlet
  - Wetsuit Wearhouse
  - Brand-direct from ROKA or blueseventy
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## Fit Guidelines (Most Important)

- Should feel tight, like a second skin
- No gaps or water pockets
- Full range of motion in shoulders
- Slight restriction on land is normal

**If it feels comfortable right away, it is likely too big.**

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## Final Recommendation

Choose a full sleeve triathlon wetsuit in the \$200–\$400 range and prioritize fit above all else.

XTERRA Wetsuits is a strong entry-level option. If you plan to swim consistently, investing in a mid-range suit will provide better comfort and long-term value.